

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scrambled Egg (1)	Scrambled Egg (1)	Scrambled Egg (1)	Scrambled Egg (1)	Scrambled Egg (1)	Scrambled Egg (1)	Scrambled Egg (1)
Bacon (2 Slices)	Bacon (2 Slices)	Bacon (2 Slices)	Bacon (2 Slices)	Bacon (2 Slices)	Bacon (2 Slices)	Bacon (2 Slices)
Grits/Oatmeal (1/2 cup)	Grits/Oatmeal (1/2 cup)	Grits/Oatmeal (1/2 cup)	Grits/Oatmeal (1/2 cup)	Grits/Oatmeal (1/2 cup)	Grits/Oatmeal (1/2 cup)	Grits/Oatmeal (1/2 cup)
Toast butter/Jelly (1 sl)	Toast butter/Jelly (1 sl)	Toast butter/Jelly (1 sl)	Toast butter/Jelly (1 sl)	Toast butter/Jelly (1 sl)	Toast butter/Jelly (1 sl)	Toast butter/Jelly (1 sl)
Assorted Juices (6 oz)	Assorted Juices (6 oz)	Assorted Juices (6 oz)	Assorted Juices (6 oz)	Assorted Juices (6 oz)	Assorted Juices (6 oz)	Assorted Juices (6 oz)
Milk (1 cup)	Milk (1 cup)	Milk (1 cup)	Milk (1 cup)	Milk (1 cup)	Milk (1 cup)	Milk (1 cup)
Coffee (1 cup)	Coffee (1 cup)	Coffee (1 cup)	Coffee (1 cup)	Coffee (1 cup)	Coffee (1 cup)	Coffee (1 cup)
Roast Beef (3oz)	Pork Chop (4 oz)	Beef Stew (6 oz)	BBQ Chicken (8 oz)	Lasagna (6oz)	Baked/Fried Fish (3 oz)	Ribeye Steak (8oz)
Mashed Potatoes (1/2c)	AuGratin Potatoes (1/2c)	(3oz beef, 3oz mix veg.)	Corn (1/2c)	Squash (1/2c)	Coleslaw (1/2c)	Baked Potato (1/2c)
Gravy (3oz)	Tossed Salad (1c)	Rice or egg noodles (1c)	Turnip Greens (1/2c)	Tossed Salad (1/2c)	Baked Beans (1/2c)	Green Beans (1/2c)
Broccoli (1/2c)	Dressing (2 Tbsp)	Carrot Coins (1/2c)	Yeast Roll	Salad dressing (2Tbsp)	Hushpuppies (2)	Roll
Roll	Roll	Roll	Pineapple Chunks (1/2c)	Garlic Bread	Roll	Pears (1/2c)
Fresh Fruit (1/2c)	Sliced Pineapple (1/2c)	Sliced Peaches (1/2c)	Brownie	Fruit Cocktail (1/2c)	Orange Slices (4)	Ice Cream (1c)
Vanilla Cake w/Icing	Pineapple Upside Down	Peanut Butter Cookie (1)	Coffee/Iced Tea	Spice Cake	White cake	Coffee/Iced Tea
Coffee/Iced Tea	Cake (1sl)	Coffee/Iced Tea	Milk (1c)	Coffee/Iced Tea	Coffee/Iced Tea	Milk (1c)
Milk (1c)	Coffee/Iced Tea	Milk (1c)		Milk (1c)	Milk (1c)	
	Milk (1c)					
Grilled Ham (1oz)	Open Turkey Sandwich	Breaded Chicken (3oz)	Chef Salad	Fried Shrimp (6oz)	Hot Dog (3oz)	Ham & Cheese Sandwich
Cheese (1oz)	Turkey (2oz)	Gravy (3oz)	Salad (1 cup)	Potato Salad (1/2c)	Hot dog Bun (1)	Ham (1oz)
White Bread (2sl)	White Bread (1 sl)	Green Peas (1/2c)	Turkey (1oz)	Corn (1/2c)	French Fries (1/2c)	Cheese (1oz)
Potatoe Chips (3oz)	Gravy (3 oz)	Tator Tots (1/2c)	Ham (1oz)	Tom. Veg. Soup (1c)	Chili (3 Tbsp)	White Bread (2sl)
Carrot Salad (1/2c)	Macaroni (1/2c)	Crn of Broccoli Soup (1c)	Boiled Egg (1/2)	Cracker (4)	vegetable soup (1c)	Roasted Potatoes (1/2c)
Tomato Soup (1c)	Broccoli (1/2c)	Crackers (4)	Shredded Cheese (1oz)	Pineapple Chunks (1/2c)	Crackers (4)	Green Peas (1/2c)
Crackers (4)	Vegetable Soup (1c)	Pears (1/2c)	Dressing (2Tbsp)	Coffee/Iced Tea	Fruit Cocktail (1/2c)	Bean Soup (1c)
Mixed Fruit (1/2c)	Crackers (4)	Coffee/Iced Tea	Beef Vegetable Soup (1c)	Milk (1c)	Coffee/Iced Tea	Crackers (4)
Hot Fudge Sundae	Fruited Jello (1/2c)	Milk (1c)	Crackers (4)		Milk (1c)	Apple Crisp (1/2c)
Ice Cream (1c)	Ice Cream (1/2c)		Peach Slices (1c)			Cinn. Applesause (1/2c)
Fudge (2Tbsp)	Coffee/Iced Tea		Peach Cobbler (1/2c)			Coffee/Iced Tea
Cherry (1)	Milk (1c)		Coffee/Iced Tea			Milk (1c)
Coffee/Iced Tea			Milk (1c)			
Milk (1c)						